

Homemade crisps £1.85  
Pistachios £2.50  
Roast Marcona almonds £2.95  
Devils on Horseback £3.50  
Chicken satay £3.95

Confit garlic and rosemary  
Focaccia Loaf £4.50

# The Plough

at Bolnhurst

Telephone No. 01234 376274

Sample Seasonal Menu  
Summer

Roast chorizo £3.95  
Brindisa Spanish mix:  
sweet pickled chillies, olives,  
caper berries & pickled garlic  
£3.95

Marinated Sicilian olives £2.75

For two to share choose 3  
nibbles for £5.50

Rustic tomato and basil soup with Sicilian olive oil £5.25

Summer salad with broad beans, peas, and Tynsboro goats cheese and thyme £5.95

Courgette risotto with aged parmesan £6.25

Salmon tempura with sesame and soy dressing, pickled ginger and wasabi £7.50

Shetland Isle diver caught scallops with aubergine puree and a red pepper and chilli sauce £10.50

Carpaccio of Aberdeenshire beef with rocket, horseradish cream and pickled beetroot £6.95

Roast globe artichoke, tomato and red onion marmalade, green bean salad and black olive puree £12.95

Grilled plaice fillet with spinach, new potatoes and a caper and parsley butter £14.95

Roast fillet of seabass, slow roast fennel, marinated new potatoes and a red wine and thyme sauce £16.95

Slow cooked Suffolk free range pork belly with roast sweet potato, chilli, sesame and ginger £14.95

Roast Cardington free range chicken, roast Patti Pan, fresh potato gnocchi,  
confit garlic and marjoram £15.95

Roast mini rack of Cornish lamb with crushed peas and mint, boulangère potatoes  
and rosemary sauce £16.95

Grilled Aberdeenshire steaks (dry aged for 28 days), roast mushrooms, hand-cut chips and béarnaise

Rib eye £18.00 Sirloin £19.75 Fillet £24.95 Côte de Boeuf £36.00 (for two people)

## Simpler dishes

Chicken Caesar salad (cos lettuce, croutons, anchovies, parmesan and Caesar dressing) £8.50

Club sandwich (Char grilled free range chicken and bacon tomato and mayonnaise on ciabatta) £7.50

Aberdeenshire rib eye steak sandwich and hand-cut chips £8.50

Broad bean risotto with marjoram, parmesan and Sicilian olive oil £11.50

Fishcakes with spinach and caper butter sauce £12.50

## Sides and salads

Hand cut chips £3.00 Mash £3.00 New potatoes £3.00

Green beans £3.00 Spinach £3.00 Roast courgettes £3.00

Rocket, pine nut and parmesan salad £3.00/5.00

Tomato, red onion and pesto salad £3.00/£5.00

## Puddings & sweet wines; cheese & port

Lemon tart with crème fraîche £5.95

Pannacotta with fresh raspberries and grappa £5.75

Sticky toffee pudding, toffee sauce and vanilla ice cream £5.75

Summer pudding with raspberry sauce and summer berries £6.25

Chocolate nemesis with clotted cream £6.25

Homemade ice cream; vanilla, chocolate, raspberry ripple 5.00 (Vanilla ice cream with a splash of PX £6.50)

For a light sweet refreshing end to a meal try:

2006 Moscato D'Asti, Contero Strevi, Piedmont, Italy 5.5% alc £4.50 (175ml), £18.00 (btl)

British & Irish cheese from Neal's Yard Dairy with oatmeal biscuits and quince jelly:

Cardo – soft unpasteurised wash rind goats cheese from Timsbury, Bath

Montgomery cheddar – traditional unpasteurised cows milk from North Cadbury, Somerset

Stichelton – traditional blue cows milk from Nottinghamshire £7.00

Italian cheese from Filippo Volpe, Bedford market with water biscuits and chestnut honey:

Gorgonzola Dolce DOP – soft creamy pasteurized cows milk cheese from Novara, Piedmont

Taleggio – traditional soft cows milk cheese aged in caves from Valtaleggio, Lombardy

Pecorino Siciliano Pepato – ewes milk, rubbed peppercorn from Enna, Sicily £7.00

French cheese from Premier Cheese with water biscuits and Confit de Vin d'Alsace Pinot Noir:

Pouligny St Pierre AOC – classic goats cheese from Centre

Abbaye de Citeaux – wash rind cows milk from Bourgogne

Roquefort AOC – creamy textured, blue, ewes milk cheese from the Mid Pyrenees £7.00

## Wine with cheese

2006 Botrytis Semillon, Peter Lehman £3.90 (75ml)

2003 Amarone Alpha Zeta, Veneto, Italy £39.00 (btl)

## Port by the glass (75ml)

Warres, 1995 Late Bottled Vintage Port £4.50

Warres 'Otima' 10 Year Old Tawny Port £4.50

Croft Quinta da Roeda Vintage Port 1995 £5.00

Coffee- Musetti Paradiso with chocolate cookies

Cappuccino, regular or decaffeinated (free refills) £2.50

Espresso (free refills) £1.50

Homemade Chocolate truffles 50p each

Tea with chocolate cookies

English breakfast or Earl Grey, Camomile or peppermint £2.50

We use Fresh Organic milk produced locally at Crow Hill Farm, Ravensden